

# MAKE EVERY WORKOUT COUNT



**Jabra®**

## WORLD'S FIRST WIRELESS WORKOUT SOLUTION OPTIMIZED FOR CROSS TRAINING

### MAKE EVERY WORKOUT COUNT WITH INTELLIGENT AUDIO COACHING

Make every workout count with Jabra Sport Coach Wireless, the world's first cross training solution with in-ear audio coaching and integrated TrackFit™ motion sensor ensures you're always training at the right intensity. This portable in-ear training coach will be there to help you plan, track, coach, motivate and ultimately push you to perform – all whilst listening to your favorite workout music.

### YOUR PERSONAL TRAINING COACH – ANYTIME, ANYWHERE

Jabra Sport Coach helps you plan, track and analyze your cross training workouts, and gives you personalized and inspiring in-ear coaching as you workout. Whether you do push ups, sit ups, burpees or squats, it will be there to keep track, drive and coach you. It helps you plan your workout circuit, keep track of repetitions and time. If you combine your workout with running, it also measures your distance, pace, number of steps and cadence, not to forget calories burnt. Jabra Sport Coach allows you to set clear targets for your every workout session and for what matters to you – making every workout moment count, anywhere, anytime.

### KEEPING YOU ON TRACK

Create your time or repetition based workout plan in the Jabra Sport Life app and go. Advanced indoor workout tracking with integrated TrackFit™ motion sensor, the advanced Jabra Sport Life app keeps you on track to push you harder than ever before in your intervals.

### BUILT FOR THE MOST INTENSE WORKOUTS

Train with extreme intensity with the incredibly light, and ultra-secure earbuds that lock into place and won't fall out. With more than 145 years of experience from research and development of intelligent audio solutions, including hearing aids, nobody understands hearing and the human ear better than Jabra. Achieve your perfect sports fit with the multiple EarWing and EarGels sizes that deliver comfort and stability. Concentrate in confidence with the sports earbuds built towards US Military rain, shock, sand and dust standards (IP55 Rated), so all you need to worry about is that next interval.

### FREE YOUR WORKOUT WITH WIRELESS PREMIUM DOLBY® SOUND

We all perform stronger to our favorite music. With up to 5.5 hours wireless music time you can get fired up by your favorite songs with Dolby® sound enhancement. The included Jabra Sound app is a music player that plays your stored music and streamed YouTube content in full Dolby® sound and much more. Create and browse playlists, share music and optimize the graphic equalizer so you can listen to your tracks the way you want to.

## REASONS TO CHOOSE JABRA SPORT COACH™ WIRELESS

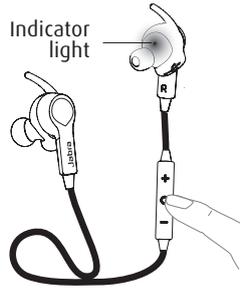
- Personalized workout planning and in-ear coaching
- Optimized for cross training and other indoor and interval based training
- Premium wireless Dolby® sound
- TrackFit™ - Advanced motion sensor
- US military standard rain, shock, sand and dust proof (IP55 Rated)
- Secure and comfortable fit will neither hurt or fall out



## 1 CONNECTING

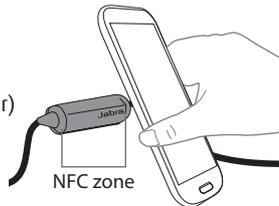
### CONNECT WITH A BLUETOOTH® DEVICE

1. Turn on Bluetooth on your mobile phone.
2. Press and hold the Multi-function button on the controller until the indicator light on the right earbud flashes blue. Release the button.
3. Follow the voice-guided connection instructions to connect to your Bluetooth device.



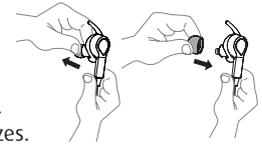
### CONNECT WITH AN NFC DEVICE

1. Turn on NFC on your mobile phone.
2. Ensure the earphones are turned on.
3. Slowly slide the NFC zone on the earphones (back side of the controller) directly against the NFC zone of your mobile phone until a connection is confirmed.



## 2 HOW TO WEAR

The earphones are worn with the cable behind the neck. For the optimal music and call quality it is important the earphones are fitted correctly by selecting the correct EarGel and EarWing.



### SELECT THE CORRECT EARGEL SIZE

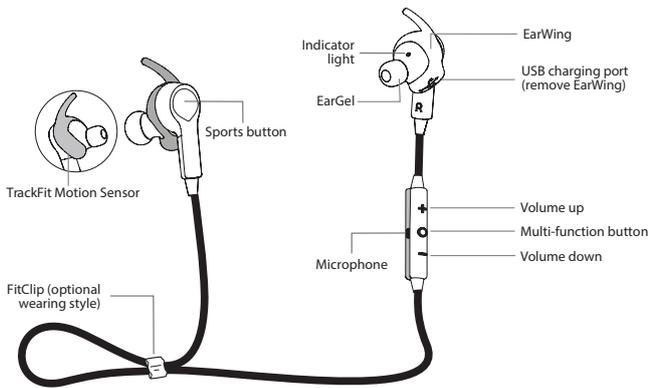
For the optimal audio experience, try each of the different eargel sizes. The fit should feel tight and secure in your ear.

### SELECT THE CORRECT EARWING

For the most secure fit during your workout, try each of the different EarWing styles. The top of the EarWing should fit tight into the ridge of your ear.

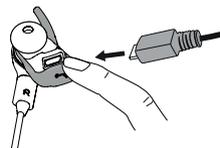


## 3 HOW TO USE



### CHARGING

Pull back the EarWing on the right earphone to expose the USB charging port. It takes approx. 2 hours to fully charge the battery.



### DID YOU KNOW?

You can watch how-to-wear videos on [jabra.com/sportcoachwireless](http://jabra.com/sportcoachwireless)



### USING THE FITCLIP (OPTIONAL)

The FitClip secures the cable behind your neck.

CALLS AND MUSIC		
	Turn on/off	Press and hold (3 sec) the <b>Multi-function</b> button until the indicator light flashes
	Play/pause music	Tap the <b>Multi-function</b> button
	Answer/end call	Tap the <b>Multi-function</b> button
	Reject call	Double-tap the <b>Multi-function</b> button
	Redial last number	When not on a call, double-tap the <b>Multi-function</b> button
	Adjust volume	Tap the <b>Volume up</b> or <b>Volume down</b> button
	Skip track	Press and hold (2 secs) the <b>Volume up</b> or <b>Volume down</b> button
	Mute	Tap both the <b>Volume up</b> and <b>Volume down</b> buttons at the same time
	Battery status	Tap the <b>Volume up</b> or <b>Volume down</b> button, when not on a call or listening to music

## FEATURES AND SPECIFICATIONS

- Premium wireless Dolby® stereo sound (A2DP)
- Integrated Training Management with Jabra Sport Life App
- TrackFit™ - Advanced motion sensor to capture activity and performance data for the app
- Jabra Sound Application provides Dolby Sound Enhancement to your tracks and YouTube
- The headset controls allow users to remote control their music & calls (AVRCP)
- Ultra Light (16 g. / 0.56 oz.)
- US Military rain, shock, sand and dust standards (IP55 Rated)
- Connects to 2 devices at same time via Advanced Multiuse™
- No Fuss Connection with NFC pairing technology
- Long talk & music time - 5.5 hrs talk/music time, 10 days standby time

BEFORE WORKOUT		
	Start Sport app	Tap the <b>Sports</b> button on the left earbud
	Start workout	Press and hold (1 sec) the <b>Sports</b> button on the left earbud
DURING WORKOUT		
	Pause/resume workout	Press and hold (1 sec) the <b>Sports</b> button
	Listen to on-the-go updates	Tap the <b>Sports</b> button
	Disable/enable on-the-go updates	Double-tap the <b>Sports</b> button

## FOR WEB ONLY

### PERSONALIZED, WIRELESS IN-EAR SPORTS COACHING AND MUSIC SOLUTION

Great-sounding, ultra-comfortable wireless earbuds tailor made for cross training and indoor workout

- Choose among more than 50 exercises, advanced but also beginners level
- Easy to connect - always ready to pair
- Future proof - free, regular updates of app with new exercises, features and functions